



## **General Facility Rules**

### **1. Respect for Staff and Patrons:**

- Follow the instructions and guidance of facility staff at all times.
- Be respectful to other participants, staff, and visitors.
- Verbal or physical abuse, bullying, or harassment will not be tolerated.

### **2. Appropriate Attire:**

- Wear appropriate athletic clothing, including shirts and shorts/pants.
- Non-marking indoor shoes or turf shoes must be worn; cleats with metal spikes are prohibited.
- Shin guards or other protective equipment are encouraged for certain sports.

### **3. Facility Use and Hours:**

- Use the facility only during designated hours.
- All scheduled sessions (training, games, etc.) must start and end on time.
- Unauthorized use of the turf or equipment is prohibited.

### **4. Cleanliness and Hygiene:**

- No food, gum, or drinks (except water) allowed on the turf.
- Dispose of trash in designated bins and help keep the facility clean.
- Clean your shoes before entering the turf area to prevent dirt from accumulating.

### **5. Safety:**

- All players must warm up before participating in physical activity.
- No rough play, fighting, or dangerous conduct.
- Report any injuries or unsafe conditions to facility staff immediately.
- Do not throw or kick balls against facility walls, windows, or ceilings.

### **Turf-Specific Rules:**

#### **1. Turf Access:**

- Only players, coaches, and authorized personnel are allowed on the turf during practice or game sessions.
- Spectators must remain in designated viewing areas.

#### **2. No Outside Equipment:**

- Use only facility-provided or approved equipment (balls, nets, etc.).
- No outside goals, nets, or large equipment are allowed unless pre-approved by staff.

#### **3. Prohibited Activities:**

- No sliding tackles, wrestling, or other actions that could damage the turf.
- Avoid dragging heavy items across the turf to prevent damage.

- Climbing on goals, nets, or fences is prohibited.

#### **4. Footwear:**

- Only turf shoes, athletic shoes, or sneakers with non-marking soles are allowed on the turf. Metal cleats are strictly prohibited to avoid turf damage.

### **Additional Guidelines:**

#### **1. Personal Belongings:**

- The facility is not responsible for lost or stolen items. Secure personal belongings in designated areas.
- Do not bring valuable items onto the turf or leave them unattended.

#### **2. Alcohol and Drugs:**

- The use of alcohol, drugs, or other substances is strictly prohibited within the facility.
- Participants under the influence will be asked to leave immediately.

#### **3. Parking and Facility Access:**

- Park in designated areas only and respect traffic signs within the facility's parking lot.
- Use only the main entrance for entry and exit; emergency exits should be used only in case of emergency.

### **Penalties for Rule Violations:**

#### **1. Warnings and Ejections:**

- Violations of the rules may result in warnings, suspension of play, or removal from the facility.
- Repeated or severe violations may lead to longer suspensions or bans.

#### **2. Damage Responsibility:**

- Patrons are financially responsible for any damage they cause to the facility or equipment, either intentionally or through reckless behavior.